






Safeguarding and pastoral care

From time-to-time life can be difficult and confusing for children, parents/carers and extended family. At these times it can be of benefit having someone who will support and listen to you and help you to work things out. We hope that our family support team can offer this to the pupils and families who attend Leominster Primary School.

Role	Name	Contact Details
Designated Safeguarding Lead (DSL) Headteacher Prevent Lead	Mrs Lynch 	01568 616919 admin@lps.hereford.sch.uk
Deputy Designated Safeguarding Lead (DDSL) Safeguarding Manager	Miss Jones 	01568 616919 ljones@lps.hereford.sch.uk
Deputy Designated Safeguarding Lead (DDSL) Headteacher	Mrs Rees 	01568 616919 admin@lps.hereford.sch.uk
Deputy Designated Safeguarding Lead (DDSL) Student and Family Support Worker	Mrs Stone 	01568 616919 kstone@lps.hereford.sch.uk
Home School Liaison Officer (Attendance)	Mrs Kuegler 	01568 616919 jkuegler@lps.hereford.sch.uk

The safety of all pupils in our care is our priority. As a school we are strongly committed to safeguarding all children. Children have the right to be safe and be treated with respect and dignity. We work with outside agencies to ensure that this the case. We would like to reassure you that we rarely share information with other agencies about your child without first speaking to you. If we make the decision that we need to speak to Children's Services about your child, we will always undertake to share our intention to do so with you unless we deem that to do so could put the child at greater risk of harm or impede a criminal investigation. We fully understand that this can be a very distressing set of circumstances, but we can only reassure you that we follow the procedures required by Herefordshire Safeguarding Partnership.

As part of our safeguarding role, we teach all children how to keep themselves and others safe (at an age-appropriate level).

We are all responsible for keeping children safe. If you are worried about your child or another child please do not hesitate to contact the family support team directly, discuss the concern with your child's class teacher or email the office admin@lps.hereford.sch.uk.

Don't assume that someone else will take responsibility.

Multi Agency Safeguarding Hub (MASH) Hereford

If you think that a child has been harmed or is being neglected, contact the Multi Agency Safeguarding Hub on:

To speak to the team: 01432 260800 - available 8.45am to 5.15pm Monday to Thursday, and 8.45 to 4.45pm Fridays

To email the team: cypd@herefordshire.gov.uk

If you are a professional, complete the [Multi-agency Referral Form \(MARF\)](#) to make a referral to the MASH. The MARF and accompanying guidance can also be found on the [West Midlands Child Protection](#)

Emergency Duty Team: 01905 768020

Early Help

Early help is about providing your family with the right support at the right time, to meet your needs and help you to achieve lasting positive change in your everyday life.

Early help support can be provided if you have a child or young person up to the age of 18 years or up to 25 years old for those with special educational needs and disabilities (SEND).

This friendly and professional team will listen to your concerns and offer advice and support to help you and your family.

At Leominster Primary School we have a link Early Help Family Support Worker, Emmy Newton.

Confidentiality

The information which you and your family provide will only be shared with your family's consent. However, there may be times when the people working with you need to share information. They should always discuss this with you first, but may not if, for example:

- They need to find out urgently if a child is at risk of harm
- To help a child who is at risk of harm
- When an adult is at risk of harm or
- To help prevent or detect a serious crime.

The early help documentation will be stored securely on a Herefordshire Council central database for a minimum of 6 years after closure of early Help.



If you think an Early Help assessment would help you or your family, please contact the Early Help information line on 01432 260261 or Email: BusinessSupportSFS@herefordshire.gov.uk

Herefordshire Council
Children's Wellbeing
Nelson House
Whitecross Road
Hereford
HR4 0DG



Early help for families



Early Help means providing support and guidance for children and families to reach their full potential at the earliest opportunity.

Early Help information line on
01432 260261

Early help for families

As a family or young person, there may be times when you need some extra support. If you can, talk to a professional you feel comfortable sharing this information with. They may suggest that all of the information is recorded on an Early Help Assessment form. With your consent, this form can be shared with other professionals and services that can offer additional support to you or your family. The Early Help Assessment form means you will not have to repeat the same story to different workers. An action plan is agreed with you to make sure you get the right sort of help.



How does Early Help work?

The Early Help Assessment is made up of part one and part two.

Part 1 consists of your consent and basic information about the current needs of you or your family. This can be used to access services such as Family Support.

Part 2 follows on from part one and is used if you or your family have more complex needs that require co-ordination from different agencies or professionals that may or may not already be supporting you and your family.

Once the form is written, you receive a copy. The Early Help Assessment is only shared with those professionals and services that you require support from. The Early Help Assessment is owned by you and can be cancelled at your request at any time. A Key person may be appointed who will co-ordinate the services and review your support plan regularly with you.

How will Early Help support be reviewed?

The Key person will agree with you the way in which your Early Help Assessment will be reviewed, through a Team around the Family (TAF) meeting or a Family Network Meeting.

- TAF meetings are small meetings that you attend alongside the different agencies needed to support you and your family.
- Family Network Meetings have representatives from different agencies attending including health, education, children's centres, voluntary and community sector and local housing. You don't need to attend these, your key person will on your behalf.

The Support you are receiving will be reviewed and progress made and identify any other support you may have identified and are in agreement with.



Parenting Programmes

Most parents and carers would agree that parenting can be hard at times. The Early Help Team free learning programmes from Triple P. [TRIPLE-P-LEAFLET-.pdf](#)

Triple P are learning programmes designed to give parents the skills they need to raise confident, healthy children and young people and to build stronger family relationships. Triple P doesn't tell people how to parent, instead it gives parents simple and practical strategies they can adapt to suit their own routines, values, beliefs and needs.

Sign up here: [Parenting groups referral form.docx](#)



Parenting Groups Spring 2025

Full attendance is required for all groups to complete the course – Cut-off date for referrals is one week before the group begins.

Start Date	Time	Location	Facilitators	Type of course	Age Group	To book a place
Virtual Tuesday 21 st January to 25 th February -6 weeks	10:00 – 12:00	Virtual	Fiona Grant Carly Fensome	Triple P Stepping Stones- For children with additional needs	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
Virtual Tuesday 21 st January to 25 th February- 6 weeks	10:00 – 12:00	Virtual	Emmy Newton Charlotte Lacey	Triple P Standard Group	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
Virtual Monday 20 th January – 24 th February -6 weeks	10:00 – 12:00	Virtual	Jules Knowles Abi Allcock	Triple P Teen Group	11-16	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
Fear Less Plough Lane Friday - 24 th January – 7 th February – 3 weeks	10:00 -12:00	Face to face	Chloe Clarke Ellis Meredith	Fear Less group for parents of children with anxiety	6 – Upwards	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only

www.triple.net



Parenting Groups Summer 2025

Full attendance is required for all groups to complete the course – Cut-off date for referrals is one week before the group begins.

Start Date	Time	Location	Facilitators	Type of course	Age Group	To book a place
10 th June to 15 th July 6 weeks	10:00 – 12:00 Tuesday	Face to Face Town Hall Hereford	Ellis Meredith Nicky Brace	Triple P Stepping Stones- For children with additional needs	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
13 th June -18 th July 6 weeks	12:30 – 14:30 Friday	Face to Face Golden Jubilee Cabin Greencroft	Katie Grant Steph Chaderton	Triple P Standard Group	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
13 th June – 18 th July 6 weeks	9:30 – 11:30 Friday	Face to Face Golden Jubilee Cabin Greencroft	Caitlin Quinlan Langford Mark Preece	Triple P Teen Group	11-16	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
10 th June 24 th June 3 weeks	12:30 – 14:30 Friday	Face to Face Town Hall Hereford	Abi Allcock Suzan Hadjirousou	Fear Less group for parents of children with anxiety	6 – Upwards	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only

Some parents and carers are unable to complete a parenting course at a set time or place. If this is you, there is an online parenting course called **Solihull Approach** which is available to all parents and carers.

With this online training, you can do it in your own time and at your own pace.

The Solihull Approach courses include:

- Understanding your pregnancy, labour, birth and your baby
- Understanding your baby
- Understanding your child (and your child with additional needs)
- Understanding your teenager's brain
- Understanding your brain (for teenagers only)
- Understanding your child's feelings
- Understanding your child's mental health and wellbeing
- Understanding your relationships

To sign up, visit www.inourplace.co.uk and register in the top right hand corner using the access code **APPLEHERE**.

Available in: English, Arabic, Chinese, Urdu, Bulgarian, Polish, Somali, Urdu, Welsh.

When you've completed a course, there's the option to download and print a certificate.



Welcome to your place for emotional health and wellbeing

E-learning for parents and families. Brought to you by the Solihull Approach NHS team.

[View Courses](#)



My Family, My School, My Community

Being a parent or carers is fantastic, but it can be difficult, so why do it alone. My Family, My School, My Community are here to help you with a little bit of support. My Family, My School, My Community are partnered with Home Start, Vennture and The CLD Trust.

My Family, My School, My Community

- Are you struggling with your child's behaviour at home ?
- Do you have an child who is feeling anxious?
- Do you have a child struggling to go to school



My Family, My School, My Community



Being a parent is fantastic but it can be difficult, so why do it alone?

We are here to help you with a little bit of support



Children's Help and Advice Team (CHAT).



Often families can solve their own problems, at times they may need support. If you need any advice or support for your child or your family, we recommend you share your worry with a professional you feel comfortable talking to or call CHAT (Children's Help and Advice Team within Early Help) if that works better for you and speak to an advisor.

A CHAT advisor can give advice over the phone, send you out information and signposting, or if needed, arrange a package of support through an Early Help Assessment to access a family support worker if required. This could include support from Children's Centre Services (for families with children aged 5 or under) or Early Help Family Support (for families with children 0-18, or up to 25 years with SEND)

We have information on a wide range of needs
Parenting support
Bullying

Family relationships
Online safety
Attendance
Behaviour worries
Mental health
Finances
And more

If you would like to seek help, advice and guidance for your family please contact our CHAT team
to speak with an experienced CHAT advisor

01432 260261

Lines are open 9:00am to 4:30pm Monday to Friday

Directory for families

Talk Community is a directory that aims to connect the people of Herefordshire with services, group, information and events.

[Home - Talk Community Directory](#)

Legal Advice

Do you have a Family Law Problem and need to talk to a solicitor? Watkins Solicitors offer drop-in sessions in Hereford. See the link below.

Food Banks

If you're worried about not having enough food to feed your family or not having enough energy to heat your home, you're not alone. Anyone can access Leominster Food Bank. To get a food parcel or emergency fuel voucher you will need a referral. Leominster Primary School can issue you with a voucher, please ask for a voucher from a member of the office staff.

Alongside the twice weekly food bank, the friendly volunteers are available via phone, every Tuesday and Friday from 11am to 12pm, to help you access wellbeing information and provide signposting to local and countywide support, services, groups and activities.

We also offer... **Food share:** Every Wednesday and Saturday at 2pm, to help support residents in the local community.

Telephone: 07563 000862

[Home - Leominsterfoodbank](#)



CEOP

CEOP is here to keep children safe from sexual abuse and grooming online.

You can make a report directly to the [CEOP Safety Centre](#). If something has happened online which has made you feel unsafe, scared or worried. This might be from someone you know in real life, or someone you have only ever met online. CEOP take all reports seriously and we will do everything we can to keep you safe.



Offer free and confidential advice, to help you consider the different options available if you're experiencing money worries, you're in debt or need assistance with budgeting. To find out more, visit www.leominsterfoodbank.org/support or to book an appointment with a Money Mentor, call 07563 000862 or e-mail cmamanager@leominsterfoodbank.org.



[Parent Carer Voice Herefordshire](#)

Parent Carer Voice are a group of Herefordshire parent and carers working with the local authority and health partnership to ensure the needs of children up to the age of 25 years with disabilities, Special Educational Needs are met. We are a voluntary group who also work with local service providers.

[01432 340072](tel:01432340072)

admin@pcvherefordshire.comwww.parent-carer-voice-herefordshire.co.uk

[Leominster Leisure Centre](#)

Coningsby Road, Leominster, HR6 8LL
01568 612540 • info@haloleisure.org.uk

We're proud to be a Talk Community Hub, to be a part of bringing people together and helping people connect to their local services and groups in their community.

Our hub here at Halo's Leominster Leisure Centre, is somewhere you can come along to, to access information to support your wellbeing and independence, and find out what's on in your local area. We have free internet access and a laptop here for you to use. There are free hot drinks, water and biccies too.

You'll have free access to our fantastic **JumplnGym** as part of our hub. JumplnGym gives your children the chance to play, learn and explore in a super soft safe environment, with accessible facilities. The beauty of JumplnGym is you get to supervise in comfort, while your children get to enjoy their own mini workout and have heaps of fun.

Our weekly social hub takes place on Thursdays from 1pm to 2.30pm. Come and along and join us.



Additional support for SEND – link to local offer and short breaks

- Herefordshire SEND local offer [Local offer special educational needs and disabilities – Herefordshire Council](#)
- Sendiass Hereford / Worcester [Welcome to SENDIASS Herefordshire and Worcestershire | Worcestershire County Council](#)
- Herefordshire Short Breaks Scheme [Short Breaks Scheme – Herefordshire Council](#)

Wellbeing and Mental Health – Children

- CAMHS Herefordshire & Worcestershire [Herefordshire Child and Adolescent Mental Health Services | Herefordshire and Worcestershire CAMHS \(hacw.nhs.uk\)](#)
- CLD Trust [WELCOME | The CLD Trust](#)
- Kooth [Home - Kooth](#)

Wellbeing and Mental Health – Adults

- Healthy Minds – Now We're talking [Welcome to NHS Talking Therapies | Talking Therapies \(hwhct.nhs.uk\)](#)
- Herefordshire Mind [Herefordshire Mind - Herefordshire's Local Mental Health Charity \(herefordshire-mind.org.uk\)](#)
- The Cartshed [Woodland wellbeing Herefordshire | The Cart Shed | England](#)

Other support

- Turning Point [Herefordshire Recovery Service | Turning Point \(turning-point.co.uk\)](#)
- Women's Aid [West Mercia Women's Aid | WMWA is a full member of the Women's Aid Federation of England. \(westmerciawomensaid.org\)](#)
- WRASAC [Home - WMRSASC](#)
- Herefordshire Directory of Early Help [Herefordshire Directory of Early Help Services](#)
- Virtual Family Hub – TC Directory – [Virtual Family Hub - Talk Community Directory](#)
- Parenting Courses [Parenting groups and courses – Herefordshire Council](#)