# Safeguarding and pastoral care

From time-to-time life can be difficult and confusing for children, parents/carers and extended family. At these times it can be of benefit having someone who will support and listen to you and help you to work things out. We hope that our family support team can offer this to the pupils and families who attend Leominster Primary School.

Role	Name	Contact Details
Designated Safeguarding Lead (DSL) Headteacher Prevent Lead	Mrs Lynch	01568 616919 admin@lps.hereford.sch.uk
Deputy Designated Safeguarding Lead (DDSL) Safeguarding Manager	Miss Jones	01568 616919I Ijones@lps.hereford.sch.uk
Deputy Designated Safeguarding Lead (DDSL) Headteacher	Mrs Rees	01568 616919 admin@lps.hereford.sch.uk
Deputy Designated Safeguarding Lead (DDSL) Student and Family Support Worker	Mrs Stone	01568 616919 kstone@lps.hereford.sch.uk
Home School Liaison Officer (Attendance)	Mrs Kuegler	01568 616919 jkuegler@lps.hereford.sch.uk

The safety of all pupils in our care is our priority. As a school we are strongly committed to safeguarding all children. Children have the right to be safe and be treated with respect and dignity. We work with outside agencies to ensure that this the case. We would like to reassure you that we rarely share information with other agencies about your child without first speaking to you. If we make the decision that we need to speak to Children's Services about your child, we will always undertake to share our intention to do so with you unless we deem that to do so could put the child at greater risk of harm or impede a criminal investigation. We fully understand that this can be a very distressing set of circumstances, but we can only reassure you that we follow the procedures required by Herefordshire Safeguarding Partnership.

As part of our safeguarding role, we teach all children how to keep themselves and others safe (at an age-appropriate level).

We are all responsible for keeping children safe. If you are worried about your child or another child please do not hesitate to contact the family support team directly, discuss the concern with your child's class teacher or email the office <a href="mailto:admin@lps.hereford.sch.uk">admin@lps.hereford.sch.uk</a>.

Don't assume that someone else will take responsibility.

## Multi Agency Safeguarding Hub (MASH) Hereford

If you think that a child has been harmed or is being neglected, contact the Multi Agency Safeguarding Hub on:

**To speak to the team**: 01432 260800 - available 8.45am to 5.15pm Monday to Thursday, and 8.45 to 4.45pm Fridays

To email the team: cypd@herefordshire.gov.uk

If you are a professional, complete the <u>Multi-agency Referral Form (MARF)</u> to make a referral to the MASH. The MARF and accompanying guidance can also be found on the <u>West Midlands Child Protection</u>

Emergency Duty Team: 01905 768020

# **Early Help**

Early help is about providing your family with the right support at the right time, to meet your needs and help you to achieve lasting positive change in your everyday life.

Early help support can be provided if you have a child or young person up to the age of 18 years or up to 25 years old for those with special educational needs and disabilities (SEND).

This friendly and professional team will listen to your concerns and offer advice and support to help you and your family.

At Leominster Primary School we have a link Early Help Family Support Worker, Emmy Newton.



The information which you and your family provide will only be shared with your family's consent. However, there may be times when the people working with you need to share information. They should always discuss this with you first, but may not if, for example:

- They need to find out urgently if a child is at risk of harm
- To help a child who is at risk of harm
- When an adult is at risk of harm or
- To help prevent or detect a serious crime.

The early help documentation will be stored securely on a Herefordshire Council central database for a minimum of 6 years after closure of early Help.



If you think an Early Help assessment would help you or your family, please contact the Early Help information line on 01432 260261 or Email: BusinessSupportSFS@herefordshire.gov.uk.

Herefordshire Council Children's Wellbeing Nelson House Whitecross Road Hereford HR4 0DG





# Early help for families



Early Help means providing support and guidance for children and families to reach their full potential at the earliest opportunity.

Early Help information line on 01432 260261

# Early help for families

As a family or young person, there may be times when you need some extra support. If you can, talk to a professional you feel comfortable sharing this information with. They may suggest that all of the information is recorded on an Early Help Assessment form. With your consent, this form can be shared with other professionals and services that can offer additional support to you or your family. The Early Help Assessment form means you will not have to repeat the same story to different workers. An action plan is agreed with you to make sure you get the right sort of help.



# How does Early Help work?

The Early Help Assessment is made up of part one and part two.

Part 1 consists of your consent and basic information about the current needs of you or your family. This can be used to access services such as Family Support.

Part 2 follows on from part one and is used if you or your family have more complex needs that require coordination from different agencies or professionals that may or may not already be supporting you and your family.

Once the form is written, you receive a copy. The Early Help Assessment is only shared with those professionals and services that you require support from. The Early Help Assessment is owned by you and can be cancelled at your request at any time. A Key person may be appointed who will co-ordinate the services and review your support plan regularly with you.

# How will Early Help support be reviewed?

The Key person will agree with you the way in which your Early Help Assessment will be reviewed, through a Team around the Family (TAF) meeting or a Family Network Meeting.

- TAF meetings are small meetings that you attend alongside the different agencies needed to support you and your family.
- Family Network Meetings have representatives from different agencies attending including health, education, children's centres, voluntary and community sector and local housing. You don't need to attend these, your key person will on your behalf.

The Support you are receiving will reviewed and progress made and identify any other support you may have identified and are in agreement with.



# **Parenting Programmes**

Most parents and carers would agree that parenting can be hard at times. The Early Help Team free learning programmes from Triple P. <u>TRIPLE-P-LEAFLET-.pdf</u>

Triple P are learning programmes designed to give parents the skills they need to raise confident, healthy children and young people and to build stronger family relationships. Triple P doesn't tell people how to parent, instead it gives parents simple and practical strategies they can adapt to suit their own routines, values, beliefs and needs.

Sign up here: <a href="mailto:Parenting\_groups\_referral\_form.docx">Parenting\_groups\_referral\_form.docx</a>



# Parenting Groups Spring 2025

Full attendance is required for all groups to complete the course – Cut-off date for referrals is one week before the group begins.

Start Date	Time	Location	Facilitators	Type of course	Age Group	To book a place
Virtual Tuesday 21 <sup>st</sup> January to 25 <sup>th</sup> February -6 weeks	10:00 – 12:00	Virtual	Fiona Grant Carly Fensome	Triple P Stepping Stones- For children with additional needs	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 –Self Referrals Only
Virtual Tuesday 21 <sup>st</sup> January to 25 <sup>th</sup> February- 6 weeks	10:00 – 12:00	Virtual	Emmy Newton Charlotte Lacey	Triple P Standard Group	2-11	Please email_parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261—Self Referrals Only
Virtual Monday 20 <sup>th</sup> January – 24 <sup>th</sup> February -6 weeks	10:00 – 12:00	Virutal	Jules Knowles Abi Allcock	Triple PTeen Group	11-16	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261—Self Referrals Only
Fear Less Plough Lane Friday - 24 <sup>th</sup> January - 7 <sup>th</sup> February – 3 weeks	10:00 -12:00	Face to face	Chloe Clarke Ellis Meredith	Fear Less group for parents of children with anxiety	6 – Upwards	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261—Self Referrals Only

www.triple.net



#### Parenting Groups Summer 2025

Full attendance is required for all groups to complete the course – Cut-off date for referrals is one week before the group begins.

Start Date	Time	Location	Facilitators	Type of course	Age Group	To book a place
10 <sup>th</sup> June to 15 <sup>th</sup> July 6 weeks	10:00 – 12:00 Tuesday	Face to Face Town Hall Hereford	Ellis Meridith Nicky Brace	Triple P Stepping Stones- For children with additional needs	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261 - Self Referrals Only
13 <sup>th</sup> June -18 <sup>th</sup> July 6 weeks	12:30 – 14:30 Friday	Face to Face Golden Jubilee Cabin Greencroft	Katie Grant Steph Chaderton	Triple P Standard Group	2-11	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261—Self Referrals Only
13 <sup>th</sup> June – 18 <sup>th</sup> July 6 weeks	9:30 - 11:30 Friday	Face to Face Golden Jubilee Cabin Greencroft	Caitlin Quinlan Langford Mark Preece	Triple PTeen Group	11-16	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261—Self Referrals Only
10 <sup>th</sup> June 24 <sup>th</sup> June 3 weeks	12:30 – 14:30 Friday	Face to Face Town Hall Hereford	Abi Allcock Suzan Hadjirousou	Fear Less group for parents of children with anxiety	6 – Upwards	Please email parentinggroups@herefordshire.gov.uk Or call - Children's Help and Advice Team on 01432 260261—Self Referrals Only

Some parents and carers are unable to complete a parenting course at a set time or place. If this is you, there is an online parenting course called **Solihull Approach** which is available to all parents and carers.

With this online training, you can do it in your own time and at your own pace.

The Solihull Approach courses include:

- Understanding your pregnancy, labour, birth and your baby
- Understanding your baby
- Understanding your child (and your child with additional needs)
- Understanding your teenager's brain
- Understanding your brain (for teenagers only)
- Understanding your child's feelings
- Understanding your child's mental health and wellbeing
- Understanding your relationships

To sign up, visit <a href="https://www.inourplace.co.uk">www.inourplace.co.uk</a> and register in the top right hand corner using the access code APPLEHERE.

When you've completed a course, there's the option to download and print a certificate.



### My Family, My School, My Community

Being a parent or carers is fantastic, but it can be difficult, so why do it alone. My Family, My School, My Community are here to help you with a little bit of support. My Family, My School, My Community are partnered with Home Start, Vennture and The CLD Trust.

# My Family, My School, My Community



Being a parent is fantastic but it can be difficult, so why do it alone? We are here to help you with a little bit of support







#### My Family, My School, My Community

- Are you struggling with your child's behaviour at home?
- Do you have an child who is feeling anxious?
- Do you have a child struggling to go to school



- Are you feeling anxious or stressed yourself?
- Would you like someone to talk to?
- Is your child struggling at bedtime?
- Are you struggling financially?
- Do you have a child with special needs?

If you feel you would like support with any of the above please contact Vennture for a chat:

Tel: 0330 2020 730

help@vennture.org.uk

#### **Directory for families**

Talk Community is a directory that aims to connect the people of Herefordshire with services, group, information and events.

Home - Talk Community Directory

#### **Legal Advice**

Do you have a Family Law Problem and need to talk to a solicitor? Watkins Solicitors offer drop-in sessions in Hereford. See the link below.

Free Family Legal Advice- Drop-In Sessions - Kindle Centre

#### **Food Banks**

If you're worried about not having enough food to feed your family or not having enough energy to heat your home, you're not alone. Anyone can access Leominster Food Bank. To get a food parcel or emergency fuel voucher you will need a referral. Leominster Primary School can issue you with a voucher, please ask for a voucher from a member of the office staff.

Home - Leominsterfoodbank

### **CEOP**

CEOP is here to keep children safe from sexual abuse and grooming online.

You can make a report directly to the <u>CEOP Safety Centre</u>. If something has happened online which has made you feel unsafe, scared or worried. This might be from someone you know in real life, or someone you have only ever met online. CEOP take all reports seriously and we will do everything we can to keep you safe.

