### **Year 6 Cardiff Residential**

Monday 23<sup>rd</sup> June – Wednesday 25<sup>th</sup> June

### Accommodation



## Urdd Sleepover Centre: 4-star hostel located in Cardiff Bay.



Gwersyll Caerdydd offers a bespoke experience in the Capital of Cymru. It's an opportunity to have a taste of what Carerdydd can offer staying in one of the most cultural buildings in Caerdydd; the Wales Millennium Centre.

With space for 153 people to stay over night, all rooms are en-suite.

We also have a hall, two classrooms. Meeting room, canteen and a common room.

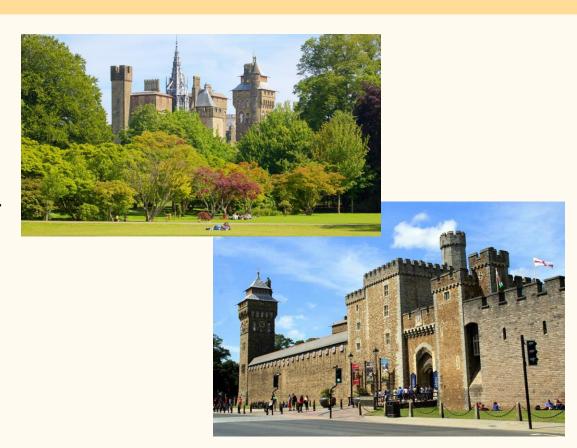
We also are able to arrange activities for you around the City.

## Day 1: Bute Park and Cardiff Castle

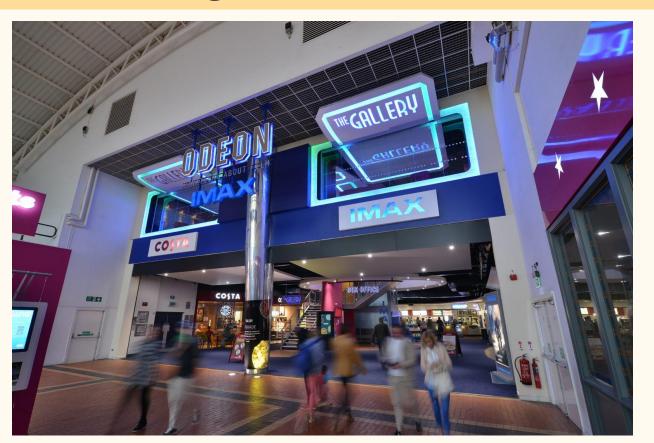
Depart LPS @ 9.30am

11.30am – Bute Park, games and lunch

1.30pm – Cardiff Castle – tour and Medieval Workshop



### Day 1: Evening – Odeon Cinema



## Day 2 St Fagan's National Museum

### Morning: St Fagan's National Museum with Iron Age workshop



St Fagans is an open-air museum, providing an opportunity for you to travel through time and visit buildings from the 13th to the 21st centuries. St Fagans is a must-see attraction while in Cardiff!



### Day 2

**Tree Tops Golf** 

### Afternoon: Treetop Golf







### Day 2 Evening – Activities at the Centre

These activities will take place in the Centre:

- Team building games / parachute games
- Bingo
- Disco

# CENTRE GAMES AND ACTIVITIES



# Day 3 Techniquest

Morning: Techniquest with a Planetarium show

Lunch @ Techniquest

Depart Cardiff @ 2pm.
Arrive back at LPS @ 4pm

Set on the waterfront in the heart of Cardiff Bay, Techniquest has over 100 hands-on exhibits that let you experience science, technology, engineering and maths in a fun and exciting way.



https://www.techniquest.org/discover/whats-inside/

# Day 3 Techniquest





### The rooms

- There are 29 rooms at the Sleepover, with most of them sleeping up to 6 people.
- Each room has central heating and an en-suite facility.
- The year 6 teachers will be responsible for arranging and allocating the rooms: friendship groups will be taken into consideration.
- The children are responsible for making their beds and keeping their rooms tidy.
- The centre ensure each child knows what to do in an emergency, and where to find help if needed at any point.







### Meals

- On the Monday, each child will require a packed lunch. Dinner will be provided by the centre – with a variety of foods to suit all tastes. All catering is provided by the Wales Millennium Centre. Dietary requirements will be catered for.
- On Tuesday, breakfast, lunch and dinner will be provided.
- On Wednesday, breakfast and lunch will be provided.















### Care

- Children will receive a safety briefing when they arrive at the centre. We will ensure that
  the children always know where to turn in an emergency, night and day.
- There is a night watchman on duty throughout the night. In addition, there are security cameras situated throughout the building.
- Each room and corridor have a unique electronic key system to ensure safety.
- All centre staff have undergone an enhanced investigation by the Disclosure and Barring Service (DBS).

### Care

#### Accidents and illnesses:

- There is a fully qualified first aider on duty 24 hours a day. The centre also have detailed policies and guidelines for all aspects of the running of the centre.
- Fire instruction is given on the first evening to ensure each child knows exactly where to go in emergencies. There is a no smoking policy at the centre.





### **Kit List**

To ensure your child is fully prepared for our trip, please make sure they pack the following items (it is also very helpful if all items are labelled with their name):

- sleeping bag and pillow
- nightwear
- 3 x T-shirts
- 2 x comfy trousers (ideally not jeans)
- warm jumper (or two)
- waterproof coat or anorak
- rucksack to store their water bottle and lunch
- underwear
- teddy bear (for comfort!)
- wash toiletries (shampoo, conditioner, body wash, toothbrush and toothpaste)
- comfy shoes suitable for walking
- slippers (to wear around the centre)
- suncream and a sunhat
- medication (clearly labelled and in a container)









### Money/electronic devices

The children are allowed to bring a **maximum of £20** to purchase souvenirs.

They are responsible for looking after their own money, so please ensure it is stored in a

purse or wallet and clearly labelled with their name.





