

Year 6 Cardiff Residential

Monday 23rd June – Wednesday 25th June

Accommodation



Urdd Sleepover Centre:
4-star hostel located in Cardiff Bay.



Gwersyll Caerdydd offers a bespoke experience in the Capital of Cymru. It's an opportunity to have a taste of what Carerdydd can offer staying in one of the most cultural buildings in Caerdydd; the Wales Millennium Centre.

With space for 153 people to stay over night, all rooms are en-suite. We also have a hall, two classrooms. Meeting room, canteen and a common room. We also are able to arrange activities for you around the City.

Day 1:

Bute Park and Cardiff Castle

Depart LPS @ 9.30am

11.30am – Bute Park, games
and lunch

1.30pm – Cardiff Castle – tour
and Medieval Workshop



Day 1: Evening – Odeon Cinema



Day 2

St Fagan's National Museum

Morning: St Fagan's National Museum with Iron Age workshop



St Fagans is an open-air museum, providing an opportunity for you to travel through time and visit buildings from the 13th to the 21st centuries. St Fagans is a must-see attraction while in Cardiff!



Day 2

Tree Tops Golf

Afternoon: Treetop Golf



Day 2

Evening – Activities at the Centre

These activities will take place in the Centre:

- Team building games / parachute games
- Bingo
- Disco

CENTRE GAMES AND
ACTIVITIES



Day 3

Techniquest

Set on the waterfront in the heart of Cardiff Bay, Techniquest has over 100 hands-on exhibits that let you experience science, technology, engineering and maths in a fun and exciting way.

Morning:
Techniquest with a
Planetarium show

Lunch @
Techniquest

Depart Cardiff @
2pm.
Arrive back at LPS
@ 4pm



<https://www.techniquest.org/discover/whats-inside/>

Day 3

Techniquest



The rooms

- There are 29 rooms at the Sleepover, with most of them sleeping up to 6 people.
- Each room has central heating and an en-suite facility.
- The year 6 teachers will be responsible for arranging and allocating the rooms: friendship groups will be taken into consideration.
- The children are responsible for making their beds and keeping their rooms tidy.
- The centre ensure each child knows what to do in an emergency, and where to find help if needed at any point.



Meals

- On the Monday, each child will require a packed lunch. Dinner will be provided by the centre – with a variety of foods to suit all tastes. All catering is provided by the Wales Millennium Centre. Dietary requirements will be catered for.
- On Tuesday, breakfast, lunch and dinner will be provided.
- On Wednesday, breakfast and lunch will be provided.



Care

- Children will receive a safety briefing when they arrive at the centre. We will ensure that the children always know where to turn in an emergency, night and day.
- There is a night watchman on duty throughout the night. In addition, there are security cameras situated throughout the building.
- Each room and corridor have a unique electronic key system to ensure safety.
- All centre staff have undergone an enhanced investigation by the Disclosure and Barring Service (DBS).

Care

Accidents and illnesses:

- There is a fully qualified first aider on duty 24 hours a day. The centre also have detailed policies and guidelines for all aspects of the running of the centre.
- Fire instruction is given on the first evening to ensure each child knows exactly where to go in emergencies. There is a no smoking policy at the centre.



Kit List

To ensure your child is fully prepared for our trip, please make sure they pack the following items (it is also very helpful if all items are labelled with their name):

- sleeping bag and pillow
- nightwear
- 3 x T-shirts
- 2 x comfy trousers (ideally not jeans)
- warm jumper (or two)
- waterproof coat or anorak
- rucksack to store their water bottle and lunch
- underwear
- teddy bear (for comfort!)
- wash toiletries (shampoo, conditioner, body wash, toothbrush and toothpaste)
- comfy shoes suitable for walking
- slippers (to wear around the centre)
- sunscreen and a sunhat
- medication (clearly labelled and in a container)



Money/electronic devices

The children are allowed to bring a **maximum of £20** to purchase souvenirs.

They are responsible for looking after their own money, so please ensure it is stored in a purse or wallet and clearly labelled with their name.



Important Reminder: Children are not permitted to bring mobile phones or any electronic devices on the trip. If any devices are found, they will be removed and securely stored until we return to school.

