# February 2024 Newsletter





### Thank you!

We would like to thank one of our Parents for creating a Leominster Primary School chess board. The students of the Chess Club adored the board and would like to say a huge thank you! If you have any unused chessboards we would be grateful if you could donate them to the Leominster Primary School Chess Club.



### Notice!

Please park only in the designated parking areas in the bottom car park and not on the grass. This is due to health and safety reasons.

#### **Dates for your Diary**

- Monday 4th March Hereford festival week
- Wednesday 6th March Y5 Parental Engagement for science
- Thursday 7th March World Book Day (dress up as a character from a book)
- Friday 8th March Year 4 MAD Day
- Monday 11th March British Science Week
- Tuesday 12th March Spring concert5:30pm start
- Wednesday 13th March Science day (optional dress up as a scientist)
- Friday 15th March Comic relief (dress up in red)
- Wednesday 20th March Parents
  Evening 3:45pm 5:30pm/ Year 4 Easter
  performance
- Thursday 21st March Parents Evening
  5pm 7pm/ Year 3 Stone Age Day (dress up)
- Thursday 21st March Last Day of Spring Term
- Monday 8th April First day of Summer
  Term

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#### Year 6 DT

This month, Year 6 were challenged to design and build their own playground structures out of scrap materials. Look how amazing they are!





#### **Leominster Girl Guides**

Guides is a relaxed, welcoming space where you can have fun, learn and be yourself with good friends from 10 to 14 years old.

The Leominster Girl guides are happy to announce the return of the first Leominster Guides under brand new leadership! All girls 10-14 years welcome. Message or email them at 1stLeominsterGuides@gmail.com for more information!

### **School Dogs**

We are pleased to announce that the school dogs Maggie and Mallie have passed their dog assessment with flying colours and will now be in school regularly! If you would like your child to interact with the school dogs please fill in the consent form on Parentmail or by collecting a paper copy from the office. Those who do not fill out the consent form will not be allowed to interact with the school dogs.

#### **World Religion Day**

On Friday 19<sup>th</sup> January the children took part in a World Religion Day to celebrate religions and differences all around the world. Each year group focused on a particular religion for the day and completed a variety of different activities. Nursery and Reception focused on Christianity, Year 1 looked at Hinduism, Year 2 learnt about Buddhism, Year 3 completed activaties based on Islam, Year 4 learnt about Baha'i, Year 5 studied Judaism, and Year 6 focused on Sikhism.

Some children were lucky enough to have visitors. Everyone completed a piece of art and had a fantastic day!

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#### **Sports**

On the 7<sup>th</sup> February, a group of children attended the school games 'Climbing for confidence' event which provided the children with the wonderful opportunity to achieve their own individual goals.

Unfortunately, a number of our scheduled events were cancelled due to poor weather conditions and other school being unavailable to attend. However, March is set to be a much busier month with more upcoming fixtures!

Date and	Event and location	<u>Year</u>
<u>time</u>		<u>Groups</u>
28.02.24	LPS girls (B team) vs Wellington Primary	4/5 and 6
3pm-	Wellington Primary School	
4:30pm		
7.03.24	LPS boys 9 vs 9 HSFA tournament	5/6
11:30pm-	Herefordshire FA, HR4 9NA	
3:15pm		
8.03.24	Barclays Biggest Ever Football Session - Year 3 girls football	3
	festival.	
1pm-3pm	Bishops Sports Fields (opposite St Paul's Primary School)	

Please note that more fixtures will be coming. Not all fixtures and events have dates or times.

You can check fixtures and events on the office window on our sports display.

Leominster Primary School have also been entered into the Stride Active Netball league. All matches must be played by March 1<sup>st</sup> 2024.

## Wellbeing and Emotional Support Teams (WEST)



## **EMHPs**

Educational Mental Health Practitioners (EMHPs) and Senior Practitioners are trained to WEST is an NHS service for children and support young people with their mental health and can teach them strategies to improve their emotional wellbeing.

## WHO WE ARE

young people aged 5-18. WEST work with young people in their school and online.



EMHPs offer 6-8 sessions of Cognitive Behavioural Therapy (CBT) for mild moderate mental health difficulties such as anxiety and low mood.

CBT is an evidence based intervention that focuses on how our thoughts. feelings and behaviours are linked.

### SESSIONS

EMHPs and Senior Practitioners can deliver 1:1 interventions, groups and parent/carer sessions.

Between sessions, young people will be given tasks to carry out at home with their care giver to support their treatment

WEST also deliver workshops to students and staff as part of the Whole School Approach offer.

### FURTHER SUPPORT & CONTACT



Contact your school's Mental Health Lead, Head of year or class teacher for more information.





